

ESSENTIALS TO PACK



40 &
FABULOUS
TIMELESS ELEGANCE

LEISURE/ BUSINESS TRIP

1 WEEK

1 Dress



1 Basic Smart dress:

6 Tops



- 2 Plain shirts
- 2 Plain blouses
- 2 Plain T-shirts
- 1 Cardigan or light pullover

4 Bottoms



- 1 Soft skirt (print)
- 1 Basic tailored pant
- 1 Basic casual pant
- 1 Dark blue jeans

1 Jacket

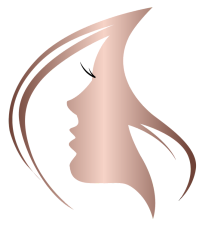


1 Tailored basic colour

SUMMER

+ Accessories

- 1 Belt, 1 Bag
- 2 pairs of shoes in basic colours: pumps/flats & white sneakers &/or sandals



FABULOUS FOR 7 DAYS

DAY 1:
Tailored pant
Blouse #1
Basic jacket
Pumps

DAY 3:
Soft skirt
Blouse #2
Cardigan
Belt
Pumps
Plain scarf optional

DAY 5:
Tailored pant
T-shirt #1
Basic Jacket
Pumps
Scarf optional

DAY 7:
Jean
T-shirt #2
Basic jacket/cardigan
Sneakers
Scarf optional

DAY 2:
Jean
Plain shirt #1
Basic Jacket
Pumps/Sneakers

DAY 4:
Casual pant
Plain shirt #2
Basic Jacket
Pumps/Sneakers
Scarf optional

DAY 6:
Casual pant
Blouse #1
Cardigan
Sneakers/Pumps

For in Case:
Plain basic smart
dress - Can be styled
up or down with
accessories

Note:

- You can make over 30 outfits by mixing and matching these items, excluding accessories like belts and scarves.
- Basic colours consists of black, navy, grey, brown and neutrals. Warm colours are reds, pinks, etc. and cool colours are blues and greens.
- It is best to pack plain white sneakers in stead of running sneakers.
- If you know you will be going out for an evening, you can include a pair of heels in a basic colour.